

Shakshuka

Prep Time: 10 min Cook Time: 20 min Serves: 4

NUTRITION FACTS, PER SERVING:

457 Calories 18 g fat 802 mg sodium



INGREDIENTS: ** Items not included in kit

- 2 TB olive oil **
- 1 onion, diced
- 1 red bell pepper, diced
- 4 cloves garlic, minced
- Shakshuka Spice Blend (2 tsp paprika,
 1 tsp cumin, 1/4 tsp chili powder)
- 28 oz. can diced tomatoes
- 6 large eggs
- Salt & black pepper, to taste **
- Fresh parsley, chopped
- Fresh cilantro, chopped
- Avocado, sliced
- 1/3 cup feta cheese
- Naan bread

DIRECTIONS:

- Heat 2 TB olive oil in a large sauté pan over medium heat.
 Add the diced onion and diced red bell pepper and cook for
 5 minutes or until the onions become translucent. Add 4
 cloves minced garlic and Shakshuka Spice Blend and cook
 an additional minute, stirring to combine. Pour the can of
 diced tomatoes and their juices into the pan. Season with
 salt and black pepper to taste, and bring the sauce to a simmer.
- 2. Use a large spoon to make small wells in the sauce and crack the **6 eggs** into each well. Cover the pan and cook the eggs for 5-8 minutes, or until the eggs are done to your liking.
- 3. Garnish with **chopped cilantro**, **chopped parsley**, **sliced avocado** and a sprinkle of **feta cheese** before serving.
- 4. To heat the **naan bread**, preheat the oven to 400 degrees and place on a baking sheet in the middle of oven and warm for 3 minutes.

Food provided in this meal kit may have come in contact with, or may contain peanuts, tree nuts, soy, milk, eggs, wheat, fish, or shellfish.







