

Yellow Coconut Curry Chicken with Green Beans

Prep Time: 15 min Cook Time: 30 min

Serves: 4

NUTRITION FACTS, PER SERVING:

674 calories 20.4g total fat 672mg sodium



INGREDIENTS: ** Items not included in kit 1. Prepare ingre

- 1.5 lbs. chicken cubes
- 2 TB olive oil**
- 1/2 cup finely diced onions
- 2 garlic cloves, peeled & minced
- 2 inches fresh ginger, peeled and sliced into 6 rounds
- 4 Jalapeno chilies, cut in half lengthwise (deseed at least 2, deseed more if you want it less spicy, leave seeds if you prefer spicier)
- 1 tsp turmeric
- 1 lime, juiced
- 1 (13.5oz) can coconut milk
- 1 tsp salt**
- 1.5 cups basmati rice
- 1 TB olive oil**
- 1/2 cup fresh cilantro, chopped
- 1 lb. green beans, washed and trimmed
- Salt & Black Pepper, to taste**
- 1 tsp olive oil**

DIRECTIONS:

- 1. Prepare ingredients & set aside: Peel and mince 2 garlic cloves. Peel ginger and slice into 6 quarter-inch rounds. Wash jalapenos and cut in half lengthwise, deseed at least 2, deseed more if you want it less spicy, leave seeds if you prefer spicier. WASH YOUR HANDS IMMEDIATELY after prepping jalapenos and do not touch your eyes. Wash and dry cilantro, chop leaves to equal 1/2 cup.
- 2. In a large skillet, heat 2 TB olive oil over medium high heat. Add chicken cubes, diced onions, minced garlic, and ginger rounds. Stir to combine and cook until chicken is no longer pink, about 5 minutes. Add turmeric and halved jalapenos, stir to combine and cook for 3 minutes longer. Add coconut milk, bring to a boil, stir to combine, then reduce heat to a simmer and cook for 20 minutes longer. Remove from heat and squeeze in the lime juice. Stir to combine.
- 3. Basmati Rice: Rinse the basmati rice in cold water to remove excess starch. Combine rice with 2 1/4 cups water, 1 TB olive oil and a pinch of salt in a medium sized pot. Stir once and bring to a boil over high heat. Cover, reduce heat to low and simmer for 10 minutes. Remove pan from heat and leave covered for 5 minutes. Remove lid and fluff with fork before serving.
- 4. Green Beans: Wash and trim the end from the green beans. In a large sauce pot, bring 1.5 cups water to a boil, add the trimmed green beans and cover with a lid. Steam for 4-5 minutes or until beans are fork tender. Remove from heat, drain and season with salt, black pepper and a drizzle of olive oil.
- 5. Serve chicken over rice and top with a sprinkle of **chopped cilantro** and a side of steamed green beans.

Food provided in this meal kit may have come in contact with, or may contain peanuts, tree nuts, soy, milk, eggs, wheat, fish, or shellfish.







