

## Chicken with Potato & Green Bean Salad

Prep Time: 15 min Cook Time: 30 min Serves: 4

## **NUTRITION FACTS, PER SERVING:**

527 calories 21g total fat 204mg sodium



## INGREDIENTS: \*\* Items not included in kit

- 1.5 lbs. Chicken Cubes
- Salt & Pepper, to taste\*\*
- 1 TB Olive Oil\*\*
- 1.5 lbs. Yukon Gold Potatoes, cubed
- Pinch of Salt\*\*
- 1 lb. Green Beans, trimmed
- 1/2 cup Diced Red Onion
- 1/2 cup Diced Celery
- 1/3 cup Sour Cream
- 1 TB Mustard
- 1 TB Red Wine Vinegar
- 1/4 cup Olive Oil\*\*
- Salt & Pepper, to taste\*\*
- 1/4 cup Fresh Parsley, chopped

## **DIRECTIONS:**

- 1. Prep the produce: Rinse and dry the **potatoes**, the cut the potatoes into 3/4 inch cubes. Finely chop the **parsley** leaves to make 1/4 cup. Rinse and trim the ends from the **green beans**, then cut in half.
- 2. Place the cubed potatoes in a pot with a large pinch of salt and fill with water to cover the potatoes. Bring to a boil and cook the potatoes for about 15 minutes, or until fork tender. Remove pot from heat and using a slotted spoon, transfer the potatoes to a large bowl. Return the pot of water to the stovetop and bring back to a boil to use to cook the green beans. Add the halved green beans to the boiling water and cook for 2-3 minutes, until the beans are just tender. Remove from heat, drain and rinse the beans under cold water to stop cooking. Add the cooled beans, diced red onion and diced celery to the large bowl of cooked potatoes. Gently toss to combine.
- In a small bowl, whisk together 1/3 cup sour cream, 1 TB mustard, 1 TB red wine vinegar, 4 TB olive oil, and salt & pepper to taste. Pour over the potatoes/beans, sprinkle with chopped parsley and toss to combine well.
- 4. Season chicken cubes with salt & pepper. Heat 1 TB olive oil in a large pan over medium high heat. Add chicken cubes and cook stirring often, until chicken cubes are cooked through, about 5-8 minutes.
- 5. Serve the cooked chicken cubes on a bed of the potato green bean salad.

Food provided in this meal kit may have come in contact with, or may contain peanuts, tree nuts, soy, milk, eggs, wheat, fish, or shellfish.

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