

# **Chicken Fajitas**

Prep Time: 30 min Cook Time: 15 min

Serves: 4

#### **NUTRITION FACTS, PER SERVING:**

210 calories 11 g total fat 415 mg sodium



### INGREDIENTS: \*\* Items not included in kit

- 2 TB vegetable oil or olive oil\*\*
- 1.5 lb. chicken strips
- 1 large yellow onion, peeled and sliced
- 3 bell peppers, sliced
- 12 fajita size flour tortillas
- 1 cup shredded cheddar cheese, for topping
- Fresh cilantro, chopped for topping
- Sour cream, for topping
- Salsa, for topping

## **Marinade Ingredients:**

- Juice of 1 lime
- 2 TB olive oil or vegetable oil\*\*
- Chicken Fajita Spice Blend
  - 1/2 TB Chili Powder
  - 1/2 TB Cumin
  - 1 tsp granulated garlic
  - 1/2 tsp paprika
  - 1/2 tsp oregano
- 1/4 tsp salt & 1/8 tsp black pepper\*\*

### **DIRECTIONS:**

- 1. Mix all marinade ingredients in a large Ziploc bag. Add the chicken strips and let marinade for at least 30 minutes or up to 12 hours in the refrigerator.
- 2. Slice onion and bell peppers into thin strips.
- 3. Heat **1 TB oil** in a large nonstick skillet over medium high heat. Add **sliced onions** and **sliced bell peppers** and sauté stirring for 5-8 minutes until soft. Transfer to a bowl and set aside.
- 4. To the same pan, add 1 TB oil if needed and add the chicken strips to the skillet, discarding the marinade and cook stirring for 10-12 minutes until they are no longer pink.
- 5. Return **onions** and **peppers** to the skillet and toss with the chicken for about 1 minute.
- 6. Wrap **tortillas** in foil and place in a 350 degree oven for 10 minutes or until heated through.
- 7. To serve: spoon a portion of the **chicken**, **peppers**, **and onions** down the center of each tortilla, top with your desired amount of **salsa**, **sour cream**, **shredded cheddar cheese**, and **minced cilantro**.

Food provided in this meal kit may have come in contact with, or may contain peanuts, tree nuts, soy, milk, eggs, wheat, fish, or shellfish.







